

MEMBERSHIP AGREEMENT

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PERSONAL DETAILS (PLEASE PRINT)				
Surname:				
First Name:	Membership Type:			
Employer:	Position:			
Tel.(H):	(W):			
Cell:				
E-mail:				
Postal Address:				
Home Address:				
Next of kin:	Tel:			
Relationship:				
I.D.:	M S M F			
PAYMENT DETAILS:	I.D. Payslip Guard	ian Consent		
Method of Payment:	. \square			
	D/ORDER EFT CA	SHL		
1.Joining Fees	Rec No.			
2. Fees	Rec No.			
AMOUNT PAID:: N\$	AMOUNT DUE: NS	\$		
DEBIT ORDER INSTRUCTION				
Bank:	Branch No:			
Branch Name:		Cheque/Savings		
Account Holder:				
Account No:				
/We hereby request, "Instruct" and authorise you to draw against my/our account with the above mentioned bank (or any bank or branch to which l/we may transfer my/our account the sum of				
N\$ (amount in words)				
"the amount necessary for payment of the				
above mentioned agreement" on the		day of each and every		
month commencing on				
And continuing (as the case may be). All such withdrawals from my/our bank account by you shall be treated as though they have been signed by me/us personally. I/We understand that the withdrawals hereby authorised will be processed trough automated Debit Order System and I also understand that details of each withdrawal will be printed on my statement or on an accompanying voucher. I/We agree to pay bank charges relating to this Debit Order instruction.				
Signed at on this	day of	20		
Signature	Assisted by (where legally necessary)	Capacity		

NOTE: THE USER MAY ADD TO THE ABOVE MINIMUM REQUIREMENTS.

TERMS AND CONDITIONS IN RESPECT OF THE MEMBERSHIP AGREEMENT

	1.	The member hereby agrees to become a member of the gym for a minimum period of months as from the date of signature. This agreement is legal and binding, thus it cannot be cancelled and constitutes a contract between the gym and the member. No agreement altering or varying. The provisions of this agreement shall be valid and binding upon the parties hereto, unless recorded in writing and signed by both parties.	
	2.	After the period referred to in paragraph 1, the agreement automatically reverts to a monthly membership agreement.	
	3.	 The fees payable for the period referred to in paragraph 1 shall be subject to an annu- price increase at expiration of such period. If the member continues with the month membership agreement as stipulated in paragraph 2, he/she shall be bound to th price increase. 	
	4.	The member confirms that he/she knows and understands that the agreement cannot be terminated during the minimum period to which the member commits himself/ herself to the agreement.	
	5.	If the member would like to terminate the monthly membership agreement, as stipulated in paragraph 2 hereof, he/she is required to give one calendar month written notice of termination of membership.	
	6.	All members are expected to receive, understands, and always comply with the rules and regulations of the gym. Failure to do so shall result in the gym terminating the membership agreement immediately.	
	7.	This membership is not transferable.	
	8.	If the member is in default to make payment of the membership fee during the minimum period as stipulated in paragraph 1, the gym shall claim the overdue amount as well as the outstanding amount still to be paid for the period.	
	9.	In the event where the member's debit order fails, an additional amount of N\$150-00 will be charged on each and every unpaid debit order.	
	10.	Where the member continuous with the monthly membership agreement and he/she is in default with the monthly payments of the membership fee, the gym shall claim the full overdue balance in cash, or by debit order.	
	11.	The member shall pay for the fees due, irrespective of whether he/she makes use of the facilities or not.	
	12.	Payment of fees shall be payable monthly in advance by debit order and the member shall not be intitled to a refund, except at sole and absolute discretion of the gym.	
	13.	Should the member be in breach of any of the terms and conditions of the membership agreement, the gym shall be intitled to instruct a legal practitioner or a debt collecting company either to collect the amounts due and payable, or to institute action against the member. The member shall pay all legal costs on an attorney/own client scale and/or collection commission.	
	14.	The member warrants that he/she is physically, medically, and mentally fit and able to become a member of the gym.	
	15.	The gym shall not accept responsibility for any loss, damage or personal injury howsoever arising, and the facilities and premises are used entirely at the member's own risk.	
	16.	If the member is under the age of 18 years old, or a student or scholar, he/she must have written consent by their legal guardian, as stipulated by the Namibian Contract Law.	
	17.	I hereby accept the gym rules and regulations.	
		I understand and accept the terms and conditions of this agreement.	
	Dat	te of commencement of membershipday of20	
	Me	mber signatureDate	
1	CIII	ardian (Whon applicable) Date	

GYM RULES AND REGULATIONS

GENERAL:

- 1. All members must use sweat towels at all time. No towel, no gym!
- All members will be expected to wear proper gym/exercising clothes and shoes. (No barefoot, open shoes, jeans, button shirts or working clothes)
- 3. All members are expected to look and smell clean when entering the gym. (Change and wash your workout clothes frequently for your own hygiene)
- The gym accepts no responsibility for valuables lost or stolen in the gym. Lockers have been
 provided for your valuable belongings. Just bring your own lock. No bags allowed in the
 training area.
- Persons will be held responsible for any damage they do to gym property and will have to pay or replace damaged property.
- 6. No smoking is allowed in any part of the facilities.
- 7. All members use the facilities at own risk.
- 8. Please treat the equipment, staff, and fellow members with respect.
- 9. Only members with paid up to date accounts will be allowed to enter the training area.
- 10. No guests or children will be allowed in the training area.
- 11. Use the showers with integrity and please save water.
- 12. Always put the weights back after using them.
- 13. Use the equipment with care and do not place any weights on the upholstery.
- 14. If any problem occurs, please report it directly to the staff and do not take matters into your own hands.
- 15. No racism or gender discrimination will be allowed.
- 16. No cellphone conversations are allowed while you are using any of the equipment. You are wasting other member's time, who are there to train.
- 17. Do not remove anything from the gym that does not belong to you. It will be regarded as theft and we will have you arrested for it.
- 18. Please clean the equipment after you used it. Disinfectant and paper towels are provided.
- 19. If you are not sure of anything, please ask! Rather be safe than sorry.
- 20. Remember to have fun and enjoy your workout.

GYM HOURS

Mon - Fri: 05:00 - 21:00

Sat & Public Holidays: 09:00 - 17:00

Sun: Closed



CHANGING BODIES. CHANGING LIVES.